

# Not feeling like yourself?

In partnership with



**With over 40 symptoms, it could be midlife hormonal changes.** 75% of women\* experience disruptive symptoms daily.



## sanoMidLife♀

Explore your health options.  
Learn about the options to manage  
your symptoms and thrive in midlife.

[www.sanomidlifecom/medavie](http://www.sanomidlifecom/medavie)

\*We acknowledge this topic applies to many individuals beyond the gender identity of "Woman". Alongside women, those who need this type of care have many varied and diverse gender identities.

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