

Fecal Collection for Weight

Fecal Weight?

The purpose is to measure the amount of stool output in a specified period of time to help determine the cause of your diarrhea or abnormal bowel function.

What do I need to do?

- The test requires your total commitment and should be done during a period where you will be at home and are able to collect all your stools.
- You should not end the collection on a day that the Gastroenterology (GI) Function Unit is closed (Saturday, Sunday, or holiday).

Material needed for Stool Collection:

- Stool collector (fits over toilet seat to collect stools)
- Two cans (labeled with your name)

Stool Collection:

- The aim is to collect all stools during a 48-hour or a 72-hour period.
- **During the stool collection do not take any laxative, or medications such as Lomotil, Imodium, loperamide or Questran.**
- Your doctor will specify if the collection is for 48 hours or 72 hours.
- Select a start day and begin stool collection that morning and continue collecting all stools for the 48 hour or 72 hour period. For example:
 - if collecting for a 48 hour period – begin stool collection on Day 1 at 8:00am and continue collecting all stools until **Day 3** at 8:00am.
 - if collecting for a 72 hour period - begin stool collection on Day 1 at 8:00am and continue collecting all stools until **Day 4** at 8:00am.
- Use the stool collector on your toilet seat and carefully transfer stool to the can each time.
- Do not fill either can more than 2/3rds full.
- Try not to mix stool and urine.
- After completion of your stool collection, return containers to the GI Function Unit located in the Johnson wing, Level 4, Room 473 at Hotel Dieu Hospital.
- **Make sure that your name is on all the stool collection containers.** Remember the HDH GI Function Unit is closed on weekends and holidays.
- Results will be sent to the doctor who requested the test.

If you have any questions regarding these instructions, please call GI Function Unit at 613-544-3400 ext. 2417 during the following hours:

- Monday & Friday 8:00am to 12:00pm
- Tuesday, Wednesday and Thursday 8:00am to 2:00pm